

How to pray on a delightful, wonderful, not bad, very good day!

Pray like David

1 Chronicles 29:10-22

Focus: exalting God and humbling ourselves as we pray on our good days

Discussion:

- Have your group share about their best day this past week? How did they pray on that day? Are they more inclined to pray on hard days or great days?
- Read the setting for David's prayer: 29:1-10. What made this such a joyously good day for the King?
- Read David's prayer in 29:10-19. List all the elements you see in David's "good day" prayer.
- Why would it be so important to be so God exalting in our prayers on good days? What makes this a challenge?
- Why would expressing our humility in prayer be similarly important? Again, what makes this a challenge?
- How can you embrace his prayer in v. 18, to "stay the course"?
- Share ways you can build this kind of praying into your good days and into lives of your families.

*Here is a helpful resource to help
you prepare for your small group
discussion:*

[http://www.desiringgod.org/
messages/from-thy-hand-we-have-
given-thee](http://www.desiringgod.org/messages/from-thy-hand-we-have-given-thee)

