

**APTAT** – from John Piper

**A** - I **acknowledge** that without Christ I can do nothing (John 15:5; Romans 7:18).

*“5 “I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing.” Joh 15:5.*

*“18 I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out.” Ro 7:18.*

**P** - I **pray** that God would make me love as Jesus loves, and work in me all that is pleasing to him (1 Thessalonians 2:12; Romans 5:21; Hebrews 13:21).

*“21 equip you with everything good for doing his will, and may he work in us what is pleasing to him, through Jesus Christ, to whom be glory for ever and ever. Amen.” Heb 13:21.*

**T** - I **trust** the promise of God’s help and strength and guidance (Isaiah 41:10; James 1:5, 6).

*“10 So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.” Isa 41:10.*

*“5 If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him. 6 But when he asks, he must believe and not doubt, because he who doubts is like a wave of the sea, blown and tossed by the wind.” Jas 1:5,6.*

**A** - I **act** in obedience to God’s word

*“6 And this is love: that we walk in obedience to his commands. As you have heard from the beginning, his command is that you walk in love.” 2Jo 6..*

**T** - I **thank** God for whatever good comes. I give him the glory (1 Peter 4:11).

*“11 If anyone speaks, he should do it as one speaking the very words of God. If anyone serves, he should do it with the strength God provides, so that in all things God may be praised through Jesus Christ. To him be the glory and the power for ever and ever. Amen.” 1Pe 4:11.*

**SPGWPT – from LT**

- Pray for a **Shepherd's Heart**, that I would care more about my people than about me and how I am doing.

*"11 He tends his flock like a shepherd: He gathers the lambs in his arms and carries them close to his heart; he gently leads those that have young." Isa 40:11.*

*"2 "Son of man, prophesy against the shepherds of Israel; prophesy and say to them: 'This is what the Sovereign LORD says: Woe to the shepherds of Israel who only take care of themselves! Should not shepherds take care of the flock?'" Eze 34:2.*

*"12 As a shepherd looks after his scattered flock when he is with them, so will I look after my sheep. I will rescue them from all the places where they were scattered on a day of clouds and darkness." Eze 34:12.*

- Pray for the **Passion and heart of the Father** to be seen and heard in me as I teach and that this would increasingly mark all of my life all of my days.

*"Yet the LORD longs to be gracious to you; he rises to show you compassion. For the LORD is a God of justice. Blessed are all who wait for him!" Isaiah 30:18*

- Pray for the **Glory to be God's alone** - that I would be free from the fear of man and given fully to honor God.

*"1 Not to us, O LORD, not to us, But to Your name give glory Because of Your lovingkindness, because of Your truth." Ps 115:1. (NAS)*

*"25 Fear of man will prove to be a snare, but whoever trusts in the LORD is kept safe." Pr 29:25.*

- Pray for the **Word to be exalted** by my every word and to have it's full effect – unhindered by me, according to God's promise.

*"I will bow down towards your holy temple and will praise your name for your love and your faithfulness, for you have exalted above all things your name and your word." Psalms 138:2*

*"11 so is my word that goes out from my mouth: It will not return to me empty, but will accomplish what I desire and achieve the purpose for which I sent it." Isa 55:11.*

- Pray for the **Person and work of Christ to be lifted up** – that men and women and boys and girls might be drawn to God through Him!

*"12 But when they believed Philip as he preached the good news of the kingdom of God and the name of Jesus Christ, they were baptised, both men and women." Ac 8:12.*

- **Thank God for his unspeakable kindness** – to use such a one as me for the good of His own people.

*"16 Then King David went in and sat before the LORD, and he said: "Who am I, O LORD God, and what is my family, that you have brought me this far?" 1Ch 17:16.*